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State Health Plan 101

Navigating the State Health Plan Website

March 26, 2019

A Division of the Department of State Treasurer

Agenda

- Mastering the Homepage
 - eBenefits
 - About Us
 - Find a Doctor
 - New Employees
 - Contact Us
- How to Navigate the Website
- Q & A Session



State Health Plan Website

- The State Health Plan has a robust website full of resources for members to utilize in order to maximize their benefits.
 - Enrollment System, eBenefits
 - Qualifying Life Event Information
 - Upcoming Events & Webinars
 - Premium Information
 - Plan Summaries
 - Educational Videos
- Visit www.shpnc.org today to access all of this information.
- Be an informed consumer of health care and take the time to understand your benefits!

Need a New ID Card? Looking for Your EOBs? eBenefits is the Gateway!
Find your Explanation of Benefits (EOBs), order new ID cards, enroll and more through eBenefits, the Plan's enrollment system!
[Access the eBenefits Portal ->](#)

eBenefits for Enrollment
Click here to log into eBenefits, where you can enroll or make changes to your State Health Plan benefits and access Blue Connect, where you can find your EOBs, request new Plan ID cards and other benefit details.

Find a Doctor
Online resources are available to help you find a doctor. Based on your plan, you may have additional resources available.

New Employee Resources
Welcome aboard! As a new employee, we're here to help you navigate through your State Health Plan options. This page includes resources to help you understand your plan options and how to enroll in benefits.

Qualifying Life Events & Dependent Eligibility
Guidelines for a Qualifying Life Event (QLE) and dependent eligibility.

Resource Centers

- [State Health Plan Resource Center ->](#)
- [CVS Pharmacy Resource Center ->](#)
- [Diabetes Resource Center ->](#)
- [Opioid Resource Center ->](#)

Upcoming Events and Newsletter

Sign Up for Our Monthly e-Newsletter!
Member Focus is a monthly e-newsletter that keeps members up-to-date on pharmacy and health benefits, and provides tips on how to stay healthy and save money - plus recipes and more.

Upcoming Webinars

State Health Plan Homepage

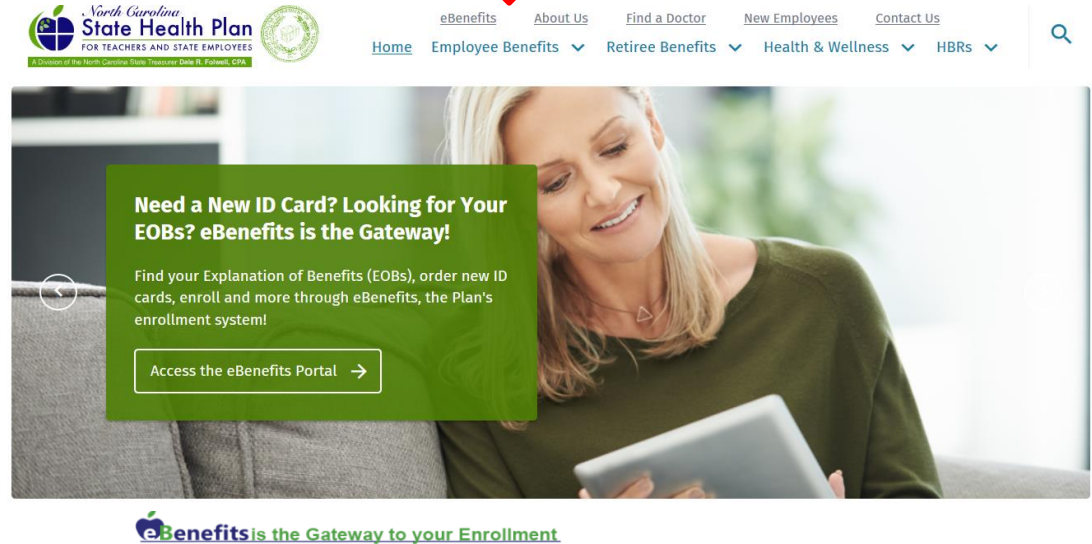
eBenefits

Click here to log into the Plan's enrollment system, where you can access your health plan information.

About Us

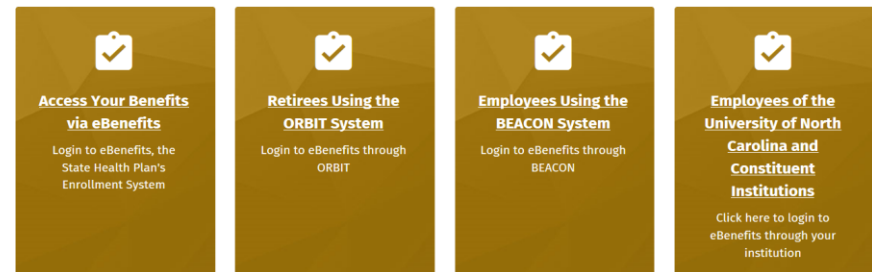
Click here to learn more about the State Health Plan organization including:

- Board of Trustees
- Pharmacy and Therapeutics Committee
- Policies and Procedures
- Outreach Events
- Presentation Archive
- Member Newsletter



To log into eBenefits, click the gold button for YOUR enrollment system. If your employer is not listed, select the gold "eBenefits" button or contact your HR representative for assistance.

Once you're logged into eBenefits, you can enroll, make changes and access your benefit information through Blue Connect, where you can find your EOBs and order new ID cards.



State Health Plan Homepage

Contact Us

Provides a list of important phone numbers

Find a Doctor

Click here to find an in-network provider.

New Employees

This page is devoted to new employees and provides information and videos on how to choose a health plan and enroll.

State Health Plan Homepage

Health & Wellness

This section of the website is dedicated to resources that can help you reach your best health. This includes information regarding:

- Personal Health Portal
- Preventive Care Benefits
- Diabetes Resource Center
- Opioid Resource Center
- Worksite Wellness



Your Health Resources

Learn more about the resources available to you as a State Health Plan member.

Preventive Care

Learn more about the preventive benefits available to you at no cost.

Worksite Wellness

Learn more about creating a health environment through worksite wellness!

Diabetes Resource Center

Many people either have or are at risk of developing some form of diabetes. These resources can help you lower your risks and improve your health.

Opioid Resource Center

Information on everything from questions to ask your provider if you are prescribed an opioid, all the way to how to get help for addiction.

State Health Plan Homepage

Upcoming Events

This section provides event information for any upcoming events, such as webinars or in-person outreach meetings. Click [here](#) to view a complete list and register!

E-Newsletter

Member Focus is the Plan's monthly e-newsletter. Click [here](#) to subscribe and see previous issues. Don't miss out on important updates: sign up today!

News

This section features important news and current topics members should be aware of, such as meeting notices and other important announcements.

Upcoming Events and Newsletter



[Upcoming Webinars](#)



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News



[Free Heart Health Screenings!](#)

As part of American Heart Month, CVS Health is offering free heart health screenings every Thursday in February, including Valentine's Day, at your local CVS MinuteClinic.



[Administrative Rules Proposed for Adoption](#)

This is to give notice that the State Health Plan intends to adopt administrative rules, which have previously been set by informal policies.



[State Health Plan Board of Trustees Meeting](#)

State Health Plan Board of Trustees Meeting
Monday, February 25, 2019 10:00 a.m. - 2:00 p.m.
Department of State Treasurer 3200 Atlantic Avenue, Raleigh, NC 27604 Dogwood Conference Room, 1st Floor

How to Navigate the State Health Plan Website

Navigating to YOUR Health Plan Option

- The Plan's website is organized by *employee* benefits and *retiree* benefits.
 - Make sure to view the top bar to determine which drop down menu is applicable.
- When you select your plan option from the drop-down list, all relevant information for that plan will be on the page selected, including:
 - Plan Comparisons
 - Premium Rate Sheets
 - Medical Policies
 - Important Forms





Questions?

This presentation is for general information purposes only. If it conflicts with federal or state law, State Health Plan policy or your benefits booklet, those sources will control. Please be advised that while we make every effort to ensure that the information we provide is up to date, it may not be updated in time to reflect a recent change in law or policy. To ensure the accuracy of, and to prevent the undue reliance on, this information, we advise that the content of this material, in its entirety, or any portion thereof, should not be reproduced or broadcast without the express written permission of the State Health Plan.



North Carolina
State Health Plan
FOR TEACHERS AND STATE EMPLOYEES

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